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**This is not a request for funds.**  
**Look inside for the latest  
news on T1D research!**

# LEGACY

A Newsletter for Friends of JDRF

**JDRF** IMPROVING  
LIVES.  
CURING  
TYPE 1  
DIABETES.

Fall 2021

## Remembering a Champion, a Philanthropist, a Friend

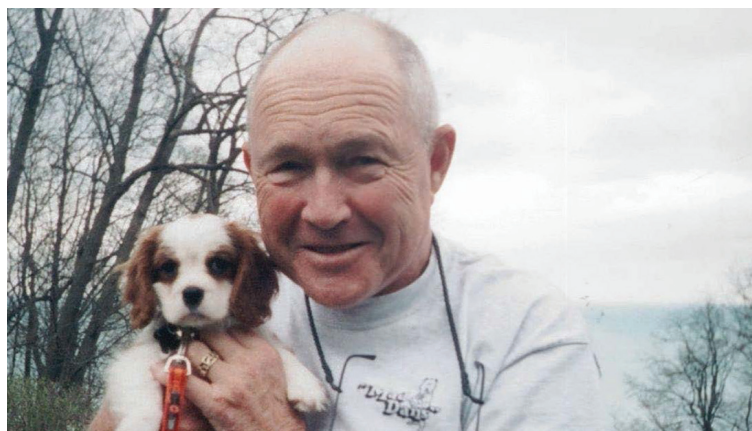
John J. McDonough was a self-made man with a successful career in business and finance. But to us, he will be remembered for his service to JDRF and his perseverance in moving life-changing research forward for the many people living with type 1 diabetes (T1D) today.

John served on our International Board of Directors and as board chairman. He and his wife, Marilyn, were also founders and proud supporters of the BETA Society, which honors donors who have included JDRF in their will or estate plan.

John and Marilyn have five children, but it was the diagnosis of their daughter, Allison, with T1D in 1983, that led John to become involved in accelerating T1D research.

John was six when he was diagnosed with T1D in 1943—long before insulin pumps, continuous glucose monitors, and engineered insulin were available. He was told he would likely die by age 15, but instead, he thrived. John was determined to defy the odds and control his disease and he succeeded.

But his own success wasn't enough. He wanted to make a significant contribution and change not only his daughter Allison's life, but the lives of everyone living with T1D. He made significant gifts over the years to advance research while also serving on many special JDRF committees.

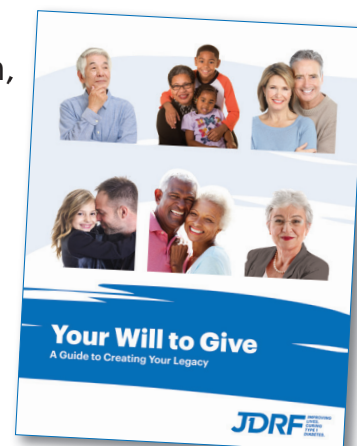


*"John was incredibly proud of the innovations like continuous glucose monitors and the artificial pancreas, that benefitted him, Allison, and the T1D community. It's because of his efforts that people with the disease are living longer, healthier lives and curing T1D is within reach."*

*– Joe Lacher, Chairman of JDRF's International Board of Directors*

John passed away earlier this year from complications of T1D at the age of 84. We are forever grateful to John and the role he played advancing our JDRF family's mission to accelerate life-changing breakthroughs to cure, prevent and treat T1D and its complications.

If, like John and Marilyn, you're interested in changing lives through a legacy gift, please request our free booklet, **Your Will to Give: A Guide to Creating Your Legacy** by returning the enclosed card.



## Your Gift Supports Life-changing Research

Scientists and healthcare providers gathered recently at the virtual American Diabetes Association Scientific Sessions to present on important topics, from beta cell replacement trials to low blood sugar treatments—all with the same goal: Ending T1D.



### Beta Cell Replacement

A therapy that helps people with T1D produce insulin again has proven to be effective.

Clinical trials showed that when pancreatic precursor cells are implanted, they produce a biomarker for insulin in people with T1D—the first time it has been detected at clinically relevant levels—bringing us closer than ever to real-life application.



### T1D Screening

Screening for T1D antibodies directed toward your own body (autoantibodies) decreases diabetic ketoacidosis and identifies people at the highest risk.

T1Detect, JDRF's screening education and awareness initiative, gives you the information you need before and after getting screened. Learn more at: [jdrf.org/T1Detect](https://jdrf.org/T1Detect)



### Glucose Control

Researchers are developing an investigational glucose responsive “smart insulin”, which has shown great promise of reducing the risk of low blood sugar.

In a clinical trial, Beta Bionics dual hormone system—which secretes insulin and glucagon—was able to reduce severe low blood sugar events.

Your legacy gift will support research that opens more promising avenues to cure T1D and bring key advances. Advances that may one day lead to a world without T1D.

Request our free booklet, **Your Will to Give**, today, or call **1-877-533-4483** for help with your charitable planning.

**FREE!**





## Meet the Scientist: Douglas Melton, Ph.D.

Your support helps fund hundreds of researchers around the world with the common goal of finding cures and improving the lives of people living with T1D.

But who are these scientists? They are people who are passionate about T1D research. They leverage every bit of knowledge to move research forward as quickly as possible in their hopes for a cure.

## Why does Douglas Melton seek to find a cure for T1D? His children.

In the 1980s, Douglas Melton, Ph.D., was a developmental biologist, identifying genes important for cell fate determination. And he was good at it. But then, something happened that would change his life forever.

In 1991, his 6-month-old son, Sam, was diagnosed with T1D. It was shocking. But Dr. Melton wanted to find a way to make a difference. He decided to change his research into the biology of the pancreas.

### T1D presents two main problems:

- 1** *How to replace the beta cells destroyed by the body so the pancreas can produce insulin.*
- 2** *How to stop the body from destroying beta cells.*

Melton decided to focus on the first part of the problem—how to produce more beta cells.

Beta cell replacement is the art and science of taking or making beta cells from outside a person's body, and then putting those new cells inside a person to replace their own damaged or destroyed beta cells.

Dr. Melton can now produce unlimited quantities of human beta cells, which has opened up a path to new approaches for T1D therapies. Next, he wants to find a way to evade the immune attack when he transplants these cells into people.

Funding beta cell replacement research is one of JDRF's most crucial undertakings, essential in our mission to find cures for T1D.

See Dr. Melton explain how he hopes to find a cure for T1D, by visiting:

**[jdrf.org/meet-the-scientists](https://jdrf.org/meet-the-scientists)**



***"I want to do everything in my power to make life better for him. Part of that is supporting JDRF financially."***

Debbie Durban had just celebrated her grandson Liam's 10th birthday. "He was perfectly fine during his birthday, but that changed when Liam's mom took him to his annual well check visit a few days later." Liam was diagnosed with T1D.

Liam's doctor did a standard finger prick during the visit. When the nurse came back she said Liam had T1D and they needed to go to the hospital. Liam's mom was in disbelief and explained that he had just had a Sprite. "Even on their way to the hospital, we all thought it was still a mistake," says Debbie.

When the endocrinologist came in to see them, Liam asked, ***"How long am I going to have this?"***

Since that day in the hospital, Debbie has made it her personal goal to make sure Liam has what he needs to live his best life. She contacted JDRF and would later serve on the Florida Chapter Board of Directors.

But Debbie wanted to do more, so she generously included JDRF as a beneficiary of her 401K and became a member of our BETA Society. It's simply another way she's honoring her grandson, Liam.

There are many ways to create a legacy gift that require no money today but could fund life-changing T1D research in the future. You could have a profound and lasting impact on people living with T1D by funding new grants that may one day create a world without T1D.

## **Year End Gifts Can Make a Life-changing Difference**

If you've been considering a gift to JDRF, here are a few simple and tax-smart ways to do so.

### **IRA Charitable Rollover**

If you're 70½ or older, you can make an IRA distribution directly to JDRF up to \$100,000 annually. This option allows you to support T1D research, while reducing your taxable income.

### **Stocks, bonds, and mutual funds**

Gifts of long-held appreciated assets can be one of the most tax-wise ways to give. You may be able to deduct the full fair market value of your gift and bypass capital gains taxes.

### **Beneficiary Designation**

One of the simplest ways to give is by making JDRF a beneficiary of your IRA. These assets can be taxed at high rates when left to your heirs, so consider leaving lesser-taxed assets to your loved ones.

## **Start planning your legacy today.**

Simply return the enclosed reply form to receive your FREE Legacy Guide.



**Mail this form in the envelope provided,  
or call us toll-free at 1-877-533-4483**

☐ **Please check the box to receive  
your Free Legacy Planning Guide.**

**Mr. Sample A. Sample**  
1234 Any Street  
Apt. 1234  
Any Town, US 01234-7897

Phone \_\_\_\_\_ Email \_\_\_\_\_

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**FREE!**



- ☐ I have already included JDRF in my plans, but have not informed the organization until now.
- ☐ I would consider including JDRF in my will, trust, life insurance, or other plans.
- ☐ I am interested in ways to honor a friend or loved one.

***Your feedback is important!  
See reverse for details.***

# Your feedback is important to us.

Please take a moment to answer these questions. Your information will remain confidential and will never be shared.

## 1. I support JDRF because ...

- ☐ I have T1D.
- ☐ A family member or friend has T1D.
- ☐ I want to help prevent, treat, and cure T1D.
- ☐ Other (please specify) \_\_\_\_\_

## 2. What is your marital status?

- ☐ Married ☐ Widowed
- ☐ Divorced ☐ Single

## 3. Do you have children?

- ☐ Yes ☐ No ☐ If yes, how many? \_\_\_\_\_

## 4. What is the highest level of education you have completed?

- ☐ High school diploma ☐ Some college
- ☐ Bachelor's degree ☐ Graduate degree
- ☐ Doctorate ☐ Other \_\_\_\_\_

## 5. I would like to learn more about ...

- ☐ A gift option that provides me with income for life at an attractive rate, and offers substantial tax benefits.
- ☐ Creating a gift of real estate.
- ☐ Using a Donor Advised Fund to help find a cure for T1D.
- ☐ Options to bypass or defer capital gains tax.

## 6. Would you like help with your estate plan?

- ☐ I'd like resources to help me create or update my will or estate plan.
- ☐ Please contact me. I'd appreciate personal help with my planning.

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This information does not represent legal or tax advice on the consequences of your gift. Seek the advice of your own legal, tax, or other professional advisors.



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