

# LEGACY

A Newsletter for Friends of JDRF

**JDRF** IMPROVING  
LIVES.  
CURING  
TYPE 1  
DIABETES.

Fall 2020

## Thank you for being part of our JDRF family.

To say this has been a challenging year for us all is an understatement, and we hope you are doing well. Thanks to the incredible generosity of our supporters, we're continuing to accelerate breakthroughs to cure, prevent and treat T1D and its complications.

This year marks our 50th anniversary. Life-changing research has brought the JDRF community to a transformative moment where scientific advances are changing the course of T1D.



One of the most promising is a drug called Teplizumab, which delayed the onset of T1D by three years in trial participants. This is the first preventive and disease-modifying therapy with data showing a long-term delay to insulin dependence.

Another exciting development is the introduction of a second artificial pancreas system. JDRF created the ecosystem in which several artificial pancreas systems are on the market today, with more to come.

Together we're making T1D management better and safer. This is a win for the T1D community, and provides people with T1D another option to improve daily blood-sugar management, until cures are found.

Because of your continued support, JDRF has been there every step of the way, from funding research to working with the FDA to ensure these incredible therapies get into the hands of the T1D community as quickly as possible.

If you can, please help us keep our mission moving forward. If you've been considering leaving a gift to JDRF in your estate plans, there are many ways to give that don't cost a penny today but will make an impact on our ability to continue funding vital research.

Please request your free copy of ***Your Will to Give: A Guide to Creating Your Legacy*** to learn more. Simply return the enclosed reply card or call **877-533-4483** to speak to a member of our planned giving team.

You have made these advances possible. Together, we will achieve our vision of a world without T1D.

## The Legacy of Your Lifetime

Have you been putting off creating or updating your will? You're not alone. The majority of people don't have a will. But it's vital to have a plan in place to ensure your wishes are followed. Thoughtful estate planning can provide you with peace of mind, prevent problems for your heirs and may provide financial benefits. Your will is an expression of your values and an impactful way to create a lasting legacy.

**National Estate Planning Awareness Week is October 19-25.** This is the perfect time to develop a strategy that will help you achieve your financial and charitable goals. Ask yourself these questions:

- *What are my current and future goals?*
- *How do I provide security to my family and loved ones?*
- *Who should inherit my home and other assets?*
- *What happens if I become incapacitated?*
- *How can I continue to support the causes that are most important to me?*

Request your free copy of **Your Will to Give: A Guide to Creating Your Legacy** today. This comprehensive guide will help you answer those questions and includes easy to use forms to help you document your information.

You may think you don't need a plan if you have few assets. But, if you don't have one, your state government will determine where your hard-earned assets go. It's an important process that protects you and your family.

**Don't wait another day. Request your free Legacy Planning Guide today.**

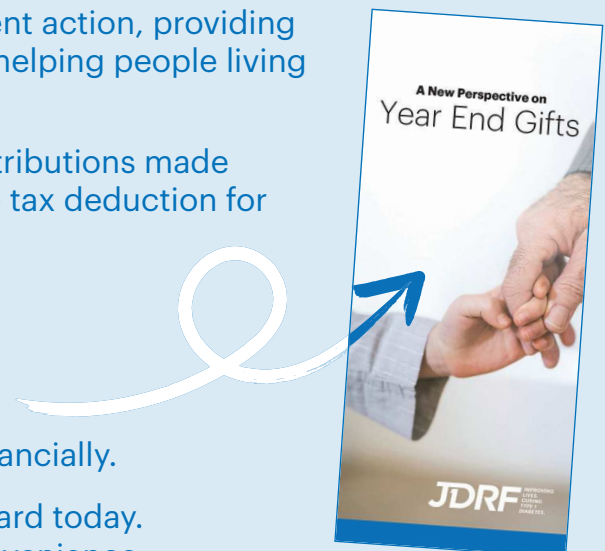
## You share our vision of a world without T1D.

Investing in innovative research, advocating for government action, providing a support structure for your community – together, we're helping people living with T1D lead fuller and healthier lives.

Now is the time to start planning for year-end giving. Contributions made before December 31 may qualify for an immediate income tax deduction for those who itemize.

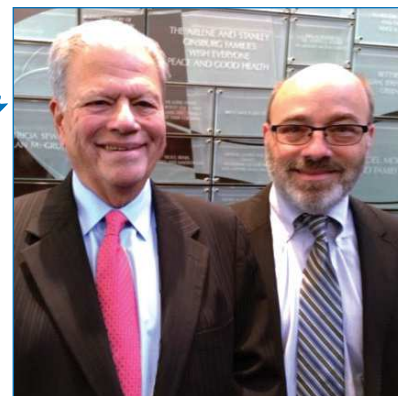
If you're 70½ or older you can make a qualified charitable distribution of up to \$100,000 from your IRA. **A New Perspective on Year End Gifts** highlights the benefits of this and other tax-efficient giving strategies. There are many ways to give a year-end gift that may benefit you financially.

Receive both brochures by returning the enclosed reply card today. We've also enclosed a postage paid envelope for your convenience.



***"I'd like to share a personal dream. A dream that one day children will be told, 'like Polio, there once was a disease called diabetes'. With your help, that dream may become a reality."***

Maurice Hertzfeld, testifying at the 1975 National Commission on Diabetes



Maurice Hertzfeld with son, Rob

Rob Hertzfeld was 14 years old when he was diagnosed with T1D in 1972. Most people living with T1D only lived to be 40 years old back then. Imagine learning your child has a disease that will change his life, and yours, forever.

Rob spent the next two weeks in the hospital learning how to give himself injections and control his disease. Life after that meant daily urine tests, hoping the test strip wouldn't change color, that he wasn't "spilling sugar." His parents, Gladys and Maurice, were determined to make sure their son would live a long and healthy life. They devoted themselves to finding the cause and cure.



Maurice Hertzfeld with first lady, Rosalyn Carter, and other founding members of JDRF

Gladys mentored recently diagnosed families. Knowledge about T1D was limited, and in Rob's case, doctors avoided discussing complications such as blindness and circulatory problems.

Maurice, a real estate developer in Philadelphia, became a founding board member of JDRF (then JDF) while Rob was still in the hospital. He served as chairman in its early years and commissioned a groundbreaking study to document the number of people living with diabetes, and the effect on the country. It would serve as the basis for federal legislation to combat the disease and find a cure.

But the Hertzfeld's commitment to a world without T1D didn't stop there. Their generous contributions spanned over five decades and their desire to greatly impact progress led them to create a gift to JDRF in their wills.

Maurice passed in 2019, but his spirit lives on. This year, Rob decided to create a gift of his own to JDRF through his retirement assets. Having lived with T1D for 48 years, he wants all people of all socioeconomic levels to have access to lifechanging therapies, so they may also have a long and healthy life.

Rob is 62 today. Like his parents, he dreams of a world without T1D.

***"I've been very fortunate in my life. I have money and insurance to deal with the everyday struggle of living with T1D. I can't imagine what it must be like to worry about those things. I want to make sure that everyone has access to the supplies and care they need and deserve."***

As we mark our 50th year, we celebrate the power of generous donors like the Hertzfelds, who have devoted their lives to helping others – improving the world through their volunteerism, advocacy and philanthropic commitment.

***"Even now I can hear that ghostly whisper from 48 years ago. The doctor's voice, 'Mrs. Greenspon, your son has diabetes.'"***

– Roz Greenspon, Charlotte, NC

He was talking about Keith, 8 years old, the oldest of our 3 children. "But," the doctor added as he exited the room, "Don't worry. He'll take insulin – he'll be fine." I stood there, in shock, speaking aloud, to no one in particular, "What is it? How do you spell it? How do we fix it?" I cried.

Fine? How could daily injections ever be fine? Our normal family life disappeared under an avalanche of test tubes for urine sugar testing, injections using syringes with fat needles painfully shooting thick U40 insulin made from pig islets, and overwhelming feelings of anger, hopelessness, and fear. No one offered us support. We were alone. It was the dark ages of living with diabetes. I cried – a lot. That was June 1972.

Then in 1973, "The Universe" came to our rescue. I learned about a new group called the Juvenile Diabetes Foundation (now JDRF). There were only four chapters in the entire country, all run by volunteers. The members were just like us, wanting a cure for their children with juvenile diabetes.

JDRF was offering hope, passion, and determination – a better life for our children. I felt the fire rise up in my bones.

***"Enough of this crying, Roz. Get up and Do Something!" I told myself.***

In one year, with true JDRF passion, our Charlotte Chapter was founded with seven families. I "volunteered" to be the president.

The rest of the story is now history. Our pipe dreams of better daily treatments are becoming realities daily. Cures are close to fruition.

I was 32 years old when my passions to find the cure were first ignited. This year I turned 80. How do we keep those pipe dreams alive? How do we ensure that JDRF's determined work will continue to be well-funded when we are no longer around?

I have included JDRF as one of the beneficiaries in my estate plan. Through estate legacy planning, you too can ensure JDRF's work continues until cures are found.

Keeping the hope alive for my children, grandchildren, and great grandchildren will keep me smiling...long after I'm gone.

***Testimonial written by Roz Greenspon  
BETA Society Member  
JDRF Charlotte Chapter Founder***



Roz Greenspon and son, Keith