



MEET BILL JACQUOT

Actively involved with JDRF for more than 20 years and serving multiple terms as a board member at the JDRF Houston Gulf Coast Chapter, Bill has lived with T1D for 50 years. Having spent most of his career in Texas, he now resides in New Orleans and recently extended his generous support by including JDRF in his will. Bill shared a few thoughts with us on why JDRF is important to him.

Your commitment to JDRF makes it obvious that you are passionate about our work. What was the most important factor in choosing to make JDRF part of your legacy?

While I believe finding a cure for T1D is of utmost importance, what makes me passionate about JDRF is their support of research aimed at how to live with and manage diabetes successfully. Their expanded mission has had major impact, and I have seen some amazing, almost unbelievable things change during my lifetime in terms of managing the disease.

I recognize that I have been lucky with my diabetes, my career, family and friends. My goal is to help others be as lucky as I have been throughout my life. It's a pass-it-on thing.

Knowing those newly diagnosed may experience anger, sadness and pessimism, would you share how you have learned to live with the challenges of T1D?

I was diagnosed at age 10, and both my grandparents on my mother's side lived with diabetes so I knew there would be a big change. There's no getting around the emotions in the beginning. I was angry, confused and sad. One of the key factors of getting through that was how my parents educated themselves, handled themselves and handled me.

They taught me to be responsible, to do my own injections and testing. That may seem harsh, and I did grow up faster, but it served me well in the long run.

They also had the courage to let me do what the other kids were doing. I have a particular memory of them letting me go on a class trip to hike up the Grand Canyon when I was in eighth grade. It was a pivotal point where I learned I could do anything with people who were willing to support and encourage me. That set the tone for the rest of my life.

JDRF Legacy Challenge

Include a gift to JDRF in your estate plans, and a JDRF Legacy Challenge sponsor will donate \$1,000 to support current research! It's an easy way for you to make a lasting difference in the fight against T1D, but don't wait. To be eligible you must confirm JDRF is in your estate plans by December 31, 2015.

If you've already included JDRF in your plans but have not yet notified us, your commitment also qualifies for the JDRF Legacy Challenge.

More details are available at <http://jdrf.org/legacychallenge>.



Many donors discover the ultimate way to support JDRF research is by including a gift in their will, trust or retirement account. Thanks to these gifts, JDRF is able to fund additional and important research resulting in better treatments and accelerating the discovery of a cure for T1D. If you have included JDRF in your estate plans, then we invite you to become a JDRF BETA Society member. The JDRF BETA Society is a group of supporters who have made a lasting commitment to T1D research by naming JDRF as a beneficiary in their will, trust or retirement account.

Membership requires no minimum commitment or obligations, and it allows us to thank and honor visionary individuals who will provide the present and future financial energy needed for diabetes research. Members receive a distinctive lapel pin and invitations to research updates and lab tours.

Your involvement in the JDRF BETA Society may inspire generosity in others!

If you have questions about the JDRF BETA Society, simply contact Alan Berkowitz, National Director of Planned Giving, toll-free at 877-533-4483 or aberkowitz@jdrf.org.



A gift planning newsletter for friends of JDRF

WINTER 2015



feel well. And it looks like 1.25 million other Americans of all ages and backgrounds who are living with this disease today.

JDRF has created a special website, jdrf.org/TIDLooksLikeMe, to help you spread the word. You'll find news, facts and events in your area.

Maybe my story sounds familiar to you. Maybe you too can look back on that day when you or someone you love was diagnosed with T1D and you still didn't know exactly what that meant. Maybe you remember that life-or-death learning curve.

That's why I'm sharing my story with you now, during National Diabetes Awareness Month. It's a fantastic opportunity for all of us who are concerned about T1D to show our support for the T1D community. It's so simple to get involved! Just share your story. Let your voice be heard. **Show the world that ... T1D Looks Like Me™.**

JDRF has created a special website, jdrf.org/TIDLooksLikeMe, to help you spread the word. You'll find news, facts and events in your area. Be sure to share what you know on social media. You have more power than you realize!

Day by day, our family keeps on writing our T1D story. In the year since Oliver got his insulin pump, we've changed his pump site about 180 times. We've interrupted his play to prick his finger more times than we can remember. I worry about how he's going to fit in at school. I wonder if the other parents at the playground think I'm rewarding Oliver with juice and candy when he misbehaves, because they don't know he's "acting out" due to his blood sugar.

But we never say to Oliver, *Oh, you poor boy. We feel so sorry for you.* We are teaching him that he can do anything. We know that thanks to so many people who have refused to give up, T1D technology and management are so much better than they were 15 years ago.

I don't know how we would have survived without the love and support the JDRF community has given us throughout this journey. No one chooses to become a part of the T1D community, but together we are so much stronger than we could ever be alone.

And we support JDRF because we dream of a day when no parent has to watch his or her child suffer from blood sugar highs and lows—a day when no one lives with the daily uncertainty of T1D.

That's my story so far. Be sure to share your own story during National Diabetes Awareness Month. Visit jdrf.org/TIDLooksLikeMe now to get started!



Support JDRF and receive income for life!

Dear Friend,

Your steadfast support is crucial to JDRF. I'd like to encourage you to consider an additional and very important way for you to help us continue our life-changing work.

You can make a contribution and in exchange, JDRF will pay you, a guaranteed income for life at a very attractive rate. Many of our supporters have found this to be the perfect way to support T1D research while providing for their own financial needs.

Our payments to you will be fixed, regardless of interest rate or stock market changes, and a portion of the income received may be tax free. You'll also be eligible for an income tax deduction—all while supporting JDRF's efforts to cure, prevent and treat T1D.

Whether you're interested in a fixed income, a tax deduction or simply want to help turn Type One into Type None, I hope you'll consider extending your support in this very important way. Please contact me with questions or to receive a customized illustration. As always, your support is deeply appreciated!

Alan Berkowitz
National Director of Planned Giving
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What does T1D look like?

By Heidi Kuhl, Mason City, Iowa

A year and a half ago, I had no idea what type 1 diabetes (T1D) looked like.

My husband, Sean, and I thought our son Oliver's moodiness was a normal part of being a toddler. We thought he was thirsty all the time because at 15 months, he was new to walking and more active. A medical professional at urgent care

told us his labored breathing was a recurring case of bronchitis.

It took us two weeks to connect the dots ... and we were almost too late.

So what does T1D look like? **It looks like my son Oliver, a happy, busy two-and-a-half-year-old boy with an insulin pump, who is just learning to tell me when he doesn't**

A Researcher's Perspective

RESEARCH & INNOVATION

Recently, Dick Insel, M.D., JDRF Chief Scientific Officer, was asked about JDRF's unique role in fostering and funding research. His answer reveals many areas that set JDRF apart in its work to accelerate life-changing breakthroughs to cure, prevent and treat T1D and its complications.

JDRF is quite unique in that we are focused across the whole spectrum of T1D. We're focused on curing the disease, preventing it, improving treatment and decreasing its burden.

In addition, JDRF is international in its scope. We're in 17 different countries around the world and can fund any investigator in academia and any company anywhere in the world. That means we can go after the best minds and the best talent regardless of geographic boundaries or constraints.

We also work with both academia and industry to discover drugs and devices. We look to the academic sector to develop, and then to translate those discoveries, we work with the commercial sector.

Our report card at the end of the day is quite simple: Have we gotten drugs and devices into the hands of individuals with T1D?

The philosophy that we've taken is to try to de-risk projects, to nurture projects so the commercial sector can really get their arms around them and understand how to value them.

To follow through, we work with regulatory agencies, healthcare providers, patients and families. JDRF will be there at each stage of the game. We make sure we're delivering in ways that are truly impactful.